



Towson HS Summer Reading Challenge

READ EVERY DAY FOR 30 MINUTES!

Did you know that reading **decreases stress** and increases self-esteem and your **ability to cope with challenges**? People who read regularly are more **open-minded** and **creative**. They have a stronger sense of attachment to their community, awareness of social issues, and **respect for cultural diversity**. Reading also improves memory and enhances vocabulary. *To read more about the benefits of reading, [click here](#).*

Pick out a good book (or two, or three) this summer and dive into reading for 30 minutes a day. You'll be a better person!

Before you begin reading, please discuss your book selection with your parent/guardian.

If you have any questions, please contact Jenna Zava, English department chair at jzava@bcps.org.

For directions on how to access free, online versions of texts, visit the [THS Library site](#) and click on "ebooks."

CHECK OUT THESE BOOK LISTS!

[Towson Teachers Recommendations](#)

[Teen Reading List from Balt. County Pub. Library](#)

[16 Books by Black Authors Everyone Should Read](#)

[A History of Race and Racism in America in 24 Chapters](#)

["This List is Anti-Racist" from Bookshop.org](#)

[20 Young Adult Novels by Women of Color](#)

[Young Adult Books Featuring Characters with Physical Disabilities](#)

[Best Books by Women - Oprah's Summer Book List](#)

[Best Books Written by Women, According to Women Writers](#)

[Young Adult Books by Contemporary Muslim Authors](#)

[Books for Teens by Middle Eastern or Muslim Authors](#)

[Young Adult Latinx Book List](#)

[Best Latinx Young Adult Books of 2019](#)

[30 Young Adult LGBTQ+ Books You'll Want to Read](#)

[Pride and Less Prejudice: LGBTQ+ Books for Teens](#)

[30 Graphic Novels for Teens](#)

[Ultimate Summer Reading List for Young Adults](#)

[5 Young Adult Novels for English Language Learners](#)

[20 Best Asian American Young Adult books to Read in 2020](#)