



Seasonal & H1N1 Flu Frequently Asked Questions - 9/10/09

What is the difference between seasonal flu and H1N1 (swine) flu?

Seasonal Flu

- Influenza is caused by a virus
- Caused by many strains
- Symptoms include: fever, cough, sore throat, muscle aches, body aches, headache
- Vaccine available
- Traditionally impacts young children and seniors

H1N1 Flu

- Is a brand new influenza A virus that causes disease in humans
- No existing vaccine against it, although a vaccine is currently in development
- Some people have also reported diarrhea and vomiting associated with H1N1 flu
- Is significantly impacting children and young adults

When will Baltimore County Department of Health hold flu clinics?

There are an abundance of private providers and retailers (i.e., Walgreen's, Target, grocery stores, etc.) that offer flu shots to the general public in Baltimore County. Baltimore County Department of Health holds flu vaccination clinics for County employees only.

Where can I get a seasonal flu shot in Baltimore County?

Baltimore County residents can get a flu shot from the following locations:

- Private physician offices
- Check www.findaflushot.com for locations by zip code
- Other private vaccination services

Will the seasonal flu vaccine protect me against H1N1 flu?

No. The seasonal flu vaccine does not include protection against the 2009 H1N1 virus.

Where can I get the H1N1 vaccine?

H1N1 vaccine is not available yet. It is scheduled for distribution to providers in October. Please note, as of July 29, 2009 the CDC prioritized the following five groups for receiving the vaccine first:

- Pregnant women
- People who live with/care for children under 6 months
- Health care and emergency services personnel
- Persons between the ages of 6 months to 24 years of age
- Adults 25 to 64 who have chronic health disorders or compromised immune systems