In our STARS section, individuals will be recognized for their contributions to the school. Staff members are encouraged to submit accolades that are worthy of the General’s Star.

Our staff and students strive for excellence on a daily basis. The comments listed below represent some of the recognition for our staff and students.

★ STARS to Ms. Marks, Mr. Jackson, Mr. Rhen, Mr. Palumbi and the students involved for an outstanding production of Beauty and the Beast.

★ STARS to the School Counseling team, Ms. DiMino, Mr. Stevens, Ms. Valsing, Mr. Esbrandt, and Ms. Terry for helping us create and implement a fantastic Senior Signing Day!

★ STARS to Ms. Kromsky for her planning and efforts to host the annual Law Day.

★ STARS to Ms. Greeberg for all of her efforts and support with planning for student testing.

★ STARS to Mr. Olin, Mr. Jackson, Ms. Ferrell and Mr. Rhen for their efforts, talents, and skills to support our students.

★ STARS to our School Counseling Team for their leadership and support of our students.

★ STARS to Ms. Williams and Ms. Lauten for their attention to detail with planning for senior events.

★ STARS to the School Counseling Team for their efforts to support our students.

★ STARS to Ms. Wright and Ms. Jacobs for their efforts with Senior Signing Day.

★ STARS to Amari Lloyd and Mr. Sonneborn’s project citizenship government classes for their assistance with Children’s Mental Health Matters week!

★ STARS to Mr. Nash and our coaches for their efforts with Freshman Open House.

★ STARS to Ms. Toni Smith for demonstrating flexibility.

★ STARS to Ms. Lauten for her additional efforts with Teacher Appreciation Week.

★ STARS to Mr. Jackson for his time and efforts with preparing the Advanced Placement Exam Schedule.

★ STARS to Ms. Ferrell, Mr. Jackson, Mr. Olin and Mr. Rhen for their dedication and efforts with preparing students for the spring concerts. Outstanding talent!

★ STARS to Ms. Kromsky, Mr. Palumbi and the teachers of the LPP Program for their efforts with planning to recognize our students for annual Law Day.

★ STARS to Mr. Stange for serving as the Master of Ceremonies for Law Day.

★ STARS to Ms. Richmond and sponsors the National Honor Society for their efforts with planning and recognizing students.
Thank you to our staff and parents for supporting our students.

As we begin the month of May, we acknowledge the efforts of our staff for Teacher Appreciation Week. Our teachers support our students academically and socially to meet success. We witness their efforts beyond their instruction that infuses student choice and considers the background and performance.

The staff at THS is committed to devoting the additional time necessary for showcasing our students. We witness the results of the staff’s commitment in so many ways: the talent as showcased in the spring production of Beauty and the Beast, spring concerts, and art showcases; the camaraderie that is witnessed during athletic events; and, participation of our students in extracurricular clubs and support groups. We look forward to the various events that recognize our student accomplishments.

The month of May represents one of the most challenging and exciting months. As seniors are preparing for the end of the year activities and their next chapter in life, we will learn of the places they will matriculate to next year. Our students are challenged to remain focused to complete the final measures of academic progress. We remain dedicated to ensuring that our students are prepared to cross the finish line.

Many of our students take AP tests during the month of May. Each year, we administer more than 1,000 AP exams to our students within a two week time frame. Our students have received the appropriate preparation for these assessments as their teachers possess an understanding of the expectations and content. Many of our teachers attend summer training specific to
the courses that they teach to tailor instruction to meet the expectations of the assessments. Several teachers also serve as AP readers for the College Board. This opportunity allows the teachers to apply and share their competencies of scoring exams with colleagues while increasing expertise.

Students enrolled in algebra I and grade 10 language arts also take the state required PARCC tests. We experience modifications to the daily routine as our teachers and administrators administer the exams.

We appreciate the efforts of our staff as we work collaboratively to support our students. We encourage all our students and staff to remain focused when changes to the daily routine are necessary. And, we remind our students to demonstrate leadership by arriving to school and class on time.

**Our students will SHINE!!**

together we shine brighter
2019 THS National Honor Societies Induction Program

5:45-6:00 — Music Selections
6:00-7:10 — Ceremony of Induction

Opening
Mrs. Debra Richmond

Greeting
Mr. John Stevens

Induction Oaths
Tri-M, National Honor Society, Spanish, French, Latin, Science, Math, Social Studies, Thespian

8:00-8:30 — Reception and distribution of certificates in cafeteria

Congratulations to the following students for being inducted into the National Honor Societies.

**Tri-M**

Molly Baer
Talia Bauland
Jasmine Brion
Justin Brion
Julianna Bullis
Emma Burke
Brielle Conklin
Julia Cooke
Maria Dildine
Christian Dillard
Katy Geimer
Daniel Guonjian-Pettit
Megumi Hibino
Sophia Johnson
Jackie Kingsbury
Ethan Korman
Noah Korman
Sydney Lavin
Yiyun Li
Sophie Merbaum
Elliott Morton
Collin Poag
Aaron Prem
Benjamin Raufman
Arden Ryan
Reanna Talwar
Lucas Yang
Brandon Yoon
Kayla Yup
Tyler Yup
Sophie Zeithaml

**National Honor Society**

*Grade 10*

Anna Aloi
Salvatore Amos
Nancy Anderson

*Grade 11*

Alexandra Arguello
Mohamed Badwi
Caroline Bailey
Blake Bangay
Molly Barron
Suryansh Bartaula
Grace Batavick
Brendan Berger
Luke Bieneman
Isabella Borrero
Sophia Boudreau
Sophie Bouton
Justin Brion
Julianna Bullis
Joy Chen
Sean Christensen
Ellie Cline
Mason Cloyd
Kasey Collier
Angelina Cucinotta
Abigail Davenport
Avery Dawson
Brandon Delia
Amelia Dinsmore
Matthew Ensign
Ari Faraday
Adam Faridi
Laura Fay
Olivia Felix
Laya Fridman
Robert Fry
May Fu
Mikayla Gaddy
Ma. Patrice
Allyssandra Gapaz
Kathleen Geimer
Madeline Geimer
Michael Giordani
Isabelle Grable
Macie Hakim

Raigan Hutter
Anna Jones
Evan Jones
Camryn Joseph
Badra Kalil
Megan Kellenberger
Jackelyn Kingsbury
Miles Kline
Madeline Kuehn
Maggie Laich
Sydney Lavin
Ellie Ledgerwood
Hayden Libershal
Caity MacWilliams
Alan Mao
Griffin Mekler-Chubertson
Daniel Melia
Mason Moore
Samuel Morphem
Elliott Morton
Zhengya Nie
Grace Null
Yasmin Pang
Grace Parcover
Elyse Petza
Kelsey Pilarski
Bari Pinkett
Nicole Poling
Sebastian Quiroz
Noah Rich
Lydia Richardson
Annie Riley
Ellie Rine
Raz Salih
Mukta Sangar
Kailey Schnirel
Fiona Schwanke
Lily Seraphin
Payton Shetler

Peter Sorensen
Cameron Specht
Tyler Stankoski
Evelynne Stins
Chenjun Sun
Reanna Talwar
Alyssa Taylor
Emily Traband
Sunil Trivedi
Anna Vaikness
Joshua Valeza
Jordan Van Doren
Tori Vidmar
Riley Wagner
Eleuthera Wang
Helen Wang
Roc Wasiak
Aris Williams
Sylvie Wolff
Erin Wyckoff
Kayla Yup
Tyler Yup
Sophie Zeithaml
Avery Zellweger
Isabelle Zhang

*Grade 11*

Sophia Amoroso
Saphal Bhandari
Emma Burke
Maria Dildine
Yijing Geng
Eric Gomer
Emma Kirts
Lyla Kline
Hannah Lechtzin
Katie Oertel
Jessica Phan
Micah Polsky
Noshin Tapanooon
Sophie Zeithaml
Avery Zellweger
Isabelle Zhang
Spanish National Honor Society
Grade 9
Gabriela Arango
Emma Bisson
Anian Brewer
Alessandra Crippa
Miranda Fisher
Alexander Frey
Rebecca Glass
Adam Hudacek
Ahmad Jamshaid
Jane Kastner
Noah Korman
Maia Mulligan
Faith Murdoch
Alexis Predmore
Gabrielle Riess
Katherine Robinson
Isabella Sabatino
Hannah Smith
Maia Vong
Linna Zhu
Grade 10
George Andreou
Caleb Chastain
Mason Cloyd
Natalie Frank
Isabelle Grable
Badra Kalil
Margaret Laich
Nicholos Lewis
Larika Medina
Chiara Menegatti
Samuel Morphew
Aidan Owens
Noah Parkinson
Nicole Poling
Sebastian Quiroz
Kate Rosenfeld
Peter Sorensen
Eleuthera Wang
Amy Zhang
Grade 11
Oliver Hogg
Sophia Johnson
Sean Mathias
Takunda Rusike
Jacob Shoenfeld
Alexander Sorensen
Austin Turner

French National Honor Society
Grade 9
Hess Djilioni
Lydia Hamilton
Frederika Poscover
Grade 10
Mohamed Badwi
Jasmine Brion
Josephine Chang
Adam Faridi
Joshua Valeza
Sophie Zeithaml
Grade 11
Hivane Djilioni

Latin National Honor Society
Grade 9
Blake Bayer
Aiden Cohen
Ana Gordon
Yusuf Johnson
Ethan Korman
Owen Trimble
Lydia Walker
Leon Ye
Grade 10
Mason Krimm
Peyton Shetler
Grade 11
Kayla Baptiste
Luca Caccamese
Finnegan Gooding
Benjamin McLaughlin
Fiona Owens
Grade 12
Brooklyn Abdur-Rahim

Science National Honor Society
Grade 10
Macie Hakim
Grade 11
Kojo Baidoo
Samantha Birkenthal
Lauren Blake
Emma Burke
Julia Cooke
Anna Frey
McKenna Hakim
David Heffren
Jacob Krebs
Hannah Lechtzin
Abigail Letocha
Helen Logan
Ligia Mardari
Sean Mathias
Jessica Mohammadi
Geoff Parsons
Cory Parts
Kyla Perkinson
Alyssa Pila
Micah Polsky
Sara Prem
Laura Samantha Reus
Caroline Yanez
Yanjie Zhang
Grade 12
Daniel Berger
Maxwell Burkett
Timothy Paulis

International Thespian HS
Grade 9
Emily Davis
Alyssa Ledford
Maia Vong
Trinity Young
Grade 10
Talia Bauland
Justin Brion
Gabriella Cox
Natalie Frank
Laya Friedman
Mikayla Gaddy
Alice Kerns
Mason Krimm
Rebecca Kleeman
Alexandra Santos
Grade 11
Sam Birkenthal
Ashlynn Carmen
Brielle Conklin
Carl Feibusch
Sophia Johnson
Emma Kirts
Morgan Lewis
Sophie Merbaum
Casimir Moreau
Delaney Seitz
Erin Sheridan
Grade 12
Benjamin Hough
Elijah Sharp

Helen Logan
Ligia Mardari
Sean Mathias
Jessica Mohammadi
Geoff Parsons
Cory Parts
Kyla Perkinson
Alyssa Pila
Micah Polsky
Sara Prem
Laura Samantha Reus
Caroline Yanez
Yanjie Zhang
Grade 11
Eric Derr
Emma Kirts
Helen Logan
Sean Mathias
Jacob Shoenfeld
Hugh Stewart
Raphael Wiener
Hsin Yen Tu

Math National Honor Society
Grade 9
Landon Katz
Benjamin Raufman
Grade 10
Shuming Mao
Kayla Yup
Grade 11
Dariush Aligholizadeh
Eric Derr
Kendall Fragetta
Samuel Irwin
Sean Mathias
Geoffrey Parsons
Kyla Perkinson
Alexander Sorensen
Jennifer Tabet
Bill Zhao

Social Studies National HS
Grade 10
Tahira Alam
Sophie Bouton
May Fu
Macie Hakim
Catherine Hutson
Zoe Johnson
Samuel Morphew
Elliott Morton
Zhengya Nie
Grace Parcover
Noah Rich
Joshua Valeza
Tyler Yup
Isabelle Zhang
Yanjie Zhang
Grade 11
Elijah Sharp

TOWSON GENERALS
Ms. Schrader’s Anatomy and Physiology students have been learning about fetal development and just recently held a baby shower to celebrate month 7 of the Pregnancy Project. They brought donations that are being donated to Pregnancy Center North here in Towson.
The One Love Clubs at Towson and Hereford High teamed up with the JV and Varsity lacrosse teams to host the first annual *One Love Dedication Game*. Representatives from both groups were at the game collecting donations and educating players, parents and fans about One Love’s mission to promote healthy relationships and raise awareness of relationship abuse in teens and young adults. This event was able to raise $425 to support the One Love Foundation!
Eighty-eight Towson High School Theatre and Music students, 14 adult chaperones and four (4) teachers took a field trip to New York City to see the brand-new Broadway Musical “The Prom.” Students shared yummy treats, ate in cool Manhattan restaurants, checked out the sights and were even able to meet some of the cast members after the show! Thank you to Mr. Olin for organizing this amazing trip.
ALLERGY SEASON IS HERE!

If spring allergens make you miserable, it’s time to take steps to prevent those symptoms! Please remember to take allergy medication at home - seasonal allergy medications are not available in the nurse’s office.

Symptoms of seasonal allergies:
- sneezing
- wheezing
- nasal congestion
- coughing
- itchy, watery eyes
- runny nose
- itchy throat
- stomach ache
- itchy skin
- hives
- fatigue

Ways to reduce your exposure to allergy triggers
Stay indoors, especially when it’s dry or windy. A good rain helps clear pollen from the air.
Change to clean clothes when you get home. It also helps if you take a shower after school or in the evening to rinse pollen from your skin and hair.
Rinse your sinuses. Nasal saline spray is a cheap and easy way to clear allergens from your nose.
Watch for high pollen counts
Check the internet or local news to get updated pollen reports.
Start taking allergy medications before your symptoms start! If high pollen is forecasted it’s time to take allergy meds.
Keeps doors and windows closed when pollen is high. Use the air conditioning instead of opening windows.

Indoors
Change home filters regularly, use HEPA (high-efficiency particulate) filters and vacuum often. If you have forced air heating or air conditioning in your house, use high-efficiency filters and follow regular maintenance schedules.
Medications may help – consult with your healthcare provider about appropriate medications to treat allergy symptoms
Antihistamines (like Claritin/loratadine, Zyrtec/cetirizine, Allegra). These medications help with sneezing, runny nose, itching and irritated eyes.
Decongestants (like Sudafed) can reduce the congestion/stuffiness.
Prescription medications – talk to your healthcare provider about prescription medications or other treatments if over-the-counter and home methods aren’t working.

References: https://www.mayoclinic.org/diseases-conditions/hay-fever/in-depth/seasonal-allergies/art-20048343
Seniors celebrated Signing Day on May 1\textsuperscript{st}. During lunch periods they were able to sign a banner with the college/trade/military branch they plan to attend, create certificates of intent and take photos in the photobooth area. Congratulations to our Seniors!
Students visited Towson University to take a tour and learn about different campus resources on April 12th. While there, they also took part in a Q&A session with current students.

Pictured: Matthew Ferguson, Ivy Rudisill, Alex Herndon, Cairo Harris, Lane Zaher, Grace Stoner, Micah Polsky, Stella Beernink

Not pictured: Luke Nance
Time is running out to purchase the 2018-2019 Towson High Yearbook. If you wish to place an order for this year’s book, please visit [www.jostens.com](http://www.jostens.com). We may not have additional copies to sell when the books come in, so please place your order today!

The Sidelights’ staff thanks you for your support!
Seniors, we want to celebrate your success!

We like to celebrate your good news. We would ask you to:

Bring a copy of **every** acceptance letter you receive to the School Counseling Office

**OR**

Forward **every** acceptance email to Ms. Wright at swright7@bcps.org

In addition, please share any scholarships or awards you receive.

Congratulations!

**Scholarships**

Check the scholarship page on Naviance for the latest scholarship information. The school counseling office will be distributing the local scholarship form to all seniors shortly. We encourage every senior to apply for local scholarships.
Graduation

Thursday, May 30, 2019

7:00 pm

Towson University
**Towson High School Class of 2019**  
**PTSA Sponsored**  
**Senior (After Prom) Celebration**

Every year, it has been a tradition for the PTSA to hold an after-prom event, called the Senior Celebration. **This is a FREE event open to ALL seniors and their guests!!** This year it will be held on **Friday, May 17th from 11:00 p.m. to 2:30 a.m. at the Orokawa YMCA in Towson.**

This event is a safe and fun way for our seniors and their guests to spend time with friends. Below are some of the highlights of the event:

- Seniors receive free raffle tickets to win one of over 100 AMAZING prizes (flat screen television, electronic and tech gadgets, college logo items, gift cards, etc.)
- Every senior also receives a chance to win a grand cash prize!
- Games and activities will include a rock-climbing wall, basketball, caricaturists, casino games, food, and places to just hang out and chat.

**DONATIONS**

**CASH and PRIZE DONATIONS (such as gift cards) are critical to make this event happen!**

PLEASE CONSIDER DONATING ONLINE via this link: Make a Donation or you may mail your donation to our PTSA mailbox:

Towson High School PTSA  
**Attn: Sr. After Prom Committee Chair**  
69 Cedar Ave., Towson, MD 21286

**VOLUNTEER OPPORTUNITIES**

If you would like to volunteer on the night of the event, please email Jackie Burkhardt with your contact information and we will email you a link to sign-up prior to the event. We hope that parents of 9th, 10th and 11th graders will consider volunteering on the night of the event so senior parents may also enjoy the memorable evening. When it is your senior’s turn, you will then be supported by the other classes for this FUN evening!

Questions: Please contact Jackie Burkhardt, jburhardt1@msn.com

**THANK YOU FOR YOUR SUPPORT!!**
A New THS Tradition

Graduation Banners

Parents, Grandparents, friends, and other relatives will want to share in your special day with a custom Graduation Banner. For the low price of $25.00, you can send a special custom message to a graduating senior.

Sample: (the crest will be white ink on maroon)

Congratulations Sasha McGee!!

Mom and Dad are so proud of you!!

Good Luck at UMCP!!

Contact tblair@bcps.org for more details!
Towson High Athletics Open House

Current & Future Generals Are Welcome
Please join us on May 7th for a Towson High Athletics Open House. Meet our coaches; meet our players; and meet our staff. Learn more about high school athletics at Towson High.

- Meet the Coaching Staff
- Meet the Athletic Director
- Tryout Information
- Registration Information
- Purchase Spirit Wear
- Volunteer Opportunities
- Learn about the Sports Booster Club
- Booster Club Membership Sign-up’s
- Purchase a Sports Pass
- Meet our student-athlete representatives

What: Athletics Open House
When: May 7, 2019
6:30-8:30 PM
Where: Towson High Gymnasium
69 Cedar Avenue
Towson 21286

@TowsonHSsports
www.towsonathletics.digitalsports.com
UPCOMING EVENTS

May

6-10  Teacher Appreciation Week
6-17  AP Testing
9     4th Marking Period Interim Reports Available Through Homeroom
13    AVID Senior Celebration
14    School to Career Banquet, Towson Sheraton
17    Senior Prom, 7:00 - 11:00 pm, Valley Mansion, Cockeysville/Hunt Valley
17-24 Senior Final Exams
23, 24 Senior Final Exam Make-ups
23    Senior Breakfast, 8:00 am, Senior Awards Ceremony, 9:00 am
23    Senior Awards Night, 6:30 pm, Auditorium
24    Last Day for Seniors
24    Mandatory Graduation Rehearsal, no later than 8:00 am, Auditorium
24    Distribution of Caps and Gowns/Graduation Tickets
24    Senior Picnic
27    Memorial Day Observed - SCHOOLS AND OFFICES CLOSED
28    Spring Athletic Awards Ceremony, 6:30 pm, Auditorium
29    Mandatory Graduation Rehearsal, no later than 8:30 am, THS Stadium
30    GRADUATION Ceremony begins at 7:00 pm, Towson University
Towson High School
69 Cedar Ave
Towson, MD 21286
PHONE: 443-43-809-4271