In our STARS section, individuals will be recognized for their contributions to the school. Staff members are encouraged to submit accolades that are worthy of the General's Star.

Our staff and students strive for excellence on a daily basis. The comments listed below represent some of the recognition for our staff and students.

★ STARS to Mr. Briggs, Ms. Flynn, Ms. Greenberg, Ms. Hancock, and the five (5) Seniors who came out on a Saturday to work on their APEX classes.

★ STARS to Officer Fiedler for being a great SRO who puts the needs and safety of our students first.

★ STARS to Mr. Jochmans for his efficiency.

★ STARS to Officer Cardano for coaching beyond his role of SRO.

★ STARS to Mr. Busselman, Mr. Constantine, Ms. Nash, Mr. Buick, Ms. Carr, Mr. Jochmans, Mr. Marx, Ms. Karsos, Mr. Olson, Mr. Miller, Ms. Schrader, Dr. Freeburger, and Mr. Heckle for their willingness to open their classrooms for our visitors from our feeder schools.

★ STARS to the members of our Safety Committee for their time and efforts.

★ STARS to our seniors that are demonstrating leadership and dedication on a daily basis. Seniors, you are almost there! Don’t Give Up!!

★ STARS to Mr. Cohen and Mr. Briggs for all of their preparations for school-wide SAT.

★ STARS to Ms. Bridges, Ms. Damon, Mr. Tregaskis, and the chaperones of the Ring Dance.

★ STARS to Ms. Kromsky for her additional efforts with preparing for visitors.
The Chinese cooking technique known as “stir frying” has increased in popularity in recent years. Stir frying is a cooking technique that is known to be healthy, nutritious, and appealing. Ingredients are fried in a very small amount of hot oil while being continually stirred. Americans have become more health conscious. Families have found it increasingly difficult to prepare healthy, quick meals that fit into their busy lifestyles.

The Nutrition and Foods classes participated in an activity by which they created a stir fry dish, wrote a recipe for their dish, and then used their recipe to prepare the dish in the foods lab. Each lab group began by selecting a protein source. Vegetables were selected according to the Chinese philosophy of “yin and yang”, depicting variety in colors, textures, and flavors that complemented one another. A formal recipe was developed by each group, including an ingredient list, quantities, and steps for preparation.

At last preparation day arrived! Students sliced, diced, and chopped ingredients. Stir fry pans were preheated. Healthy cooking oil was applied and ingredients were added in succession with those taking the longest to cook added first. Mixtures were seasoned and served over rice. The students enjoyed creating, preparing, and tasting their stir fry dishes and gained knowledge of a versatile cooking technique that was healthy, nutritious, and appealing.
What’s Happening In Technology Education!

“You have just been employed to design a new roller coaster ride for a theme park they are building in your state. In order to create a thrilling but safe ride, you need to learn more about roller coasters and apply what you have learned about energy.” And that was the start of the Roller Coaster Challenge.

We increased the rigor this year, the assortment of materials and the size of the teams. Students were expected to know how kinetic and potential energy impacted their roller coaster design. Beyond spelling centrifugal force correctly, they had to take advantage of it as they designed their loops. Other forces, such as friction, also impacted their design choices. Teams, which were two (2) people strong last year, now expanded to as many as six (6) reflecting the difficulty of the design. Along with prior year materials of wood and metal, we added plastic and vinyl tubing, paper, card stock and optional materials if preapproved by the teacher.

Each team picked a theme for their roller coaster and the fun and excitement began. The results surpassed expectations. The students learned and they enjoyed their experience.
Congratulations to Ms. Jacobs!! On Wednesday, March 27, 2019, she received the “40 under 40” award from the Black Business Review.

The Black Business Review celebrates young leaders who continue to blaze trails locally, regionally, nationally, and internationally.
On April 9, 2019 all Juniors will have the opportunity to take the SAT during the regular school day. Juniors do not need to register for SAT DAY.

On SAT DAY, Juniors should bring two #2 pencils with erasers and an approved calculator. Click here for information about approved calculators: https://collegereadiness.collegeboard.org/sat/taking-the-test/calculator-policy

In order to prepare for SAT DAY, please go to the Kahn Academy website: www.khanacademy.org.

Please speak with Mr. Briggs or Mr. Cohen about SAT DAY.
Seniors, we want to celebrate your success!

We like to celebrate your good news. We would ask you to:

Bring a copy of every acceptance letter you receive to the School Counseling Office

OR

Forward every acceptance email to Ms. Wright at swright7@bcps.org

In addition, please share any scholarships or awards you receive.

Congratulations!

Scholarships
Check the scholarship page on Naviance for the latest scholarship information. The school counseling office will be distributing the local scholarship form to all seniors shortly. We encourage every senior to apply for local scholarships.
Graduation

Thursday, May 30, 2019

7:00 pm

Towson University
Towson High School Class of 2019
PTSA Sponsored
Senior (After Prom) Celebration

Every year, it has been a tradition for the PTSA to hold an after-prom event, called the Senior Celebration. This is a FREE event open to ALL seniors and their guests!! This year it will be held on Friday, May 17th from 11:00 p.m. to 2:30 a.m. at the Orokawa YMCA in Towson.

This event is a safe and fun way for our seniors and their guests to spend time with friends. Below are some of the highlights of the event:

- Seniors receive free raffle tickets to win one of over 100 AMAZING prizes (flat screen television, electronic and tech gadgets, college logo items, gift cards, etc.)
- Every senior also receives a chance to win a grand cash prize!
- Games and activities will include a rock-climbing wall, basketball, caricaturists, casino games, food, and places to just hang out and chat.

DONATIONS
CASH and PRIZE DONATIONS (such as gift cards) are critical to make this event happen!

PLEASE CONSIDER DONATING ONLINE via this link: Make a Donation or you may mail your donation to our PTSA mailbox:

Towson High School PTSA
Attn: Sr. After Prom Committee Chair
69 Cedar Ave., Towson, MD 21286

VOLUNTEER OPPORTUNITIES
If you would like to volunteer on the night of the event, please email Jackie Burkhardt with your contact information and we will email you a link to sign-up prior to the event. We hope that parents of 9th, 10th and 11th graders will consider volunteering on the night of the event so senior parents may also enjoy the memorable evening. When it is your senior’s turn, you will then be supported by the other classes for this FUN evening!

Questions: Please contact Jackie Burkhardt, jburkhardt1@msn.com

THANK YOU FOR YOUR SUPPORT!!
A New THS Tradition

Graduation Banners

Parents, Grandparents, friends, and other relatives will want to share in your special day with a custom Graduation Banner. For the low price of $25.00 You can send a special custom message to a graduating senior.

Sample: (the crest will be white ink on maroon)

Congratuations Sasha McGee!!

Mom and Dad are so proud of you!!

Good Luck at UMCP!!

Contact tblair@bcps.org for more details!
TOWSON HIGH SCHOOL THEATRE PRESENTS

Beauty and the Beast

April 11-13 7PM  April 14 2PM

Advance Tickets
Available Online
towson.booktix.com

$10 Online
$15 at the Door
CASH ONLY

DISNEY'S BEAUTY AND THE BEAST
is presented through special arrangement with Music Theatre International (MTI).
All authorized performance materials are also supplied by MTI.
www.MTIShows.com
Time is running out to purchase the 2018-2019 Towson High Yearbook. If you wish to place an order for this year’s book, please visit www.jostens.com. We may not have additional copies to sell when the books come in, so please place your order today!

The Sidelights’ staff thanks you for your support!
Towson High Athletics Open House

Current & Future Generals Are Welcome
Please join us on May 7th for a Towson High Athletics Open House. Meet our coaches; meet our players; and meet our staff. Learn more about high school athletics at Towson High.

- Meet the Coaching Staff
- Meet the Athletic Director
- Tryout Information
- Registration Information
- Purchase Spirit Wear
- Volunteer Opportunities
- Learn about the Sports Booster Club
- Booster Club Membership Sign-up’s
- Purchase a Sports Pass
- Meet our student-athlete representatives

What: Athletics Open House
When: May 7, 2019
6:30-8:30 PM
Where: Towson High Gymnasium
69 Cedar Avenue
Towson 21286

@TowsonHSsports
www.towsonathletics.digitalsports.com
## UPCOMING EVENTS

### April

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<td>3rd Marking Period Ends</td>
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<td>9</td>
<td>SAT Day (At School)</td>
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<td>11, 12, 13</td>
<td>Spring Musical, 7:00 pm, Auditorium</td>
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<td>Junior Interview Day</td>
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Towson High School
69 Cedar Ave
Towson, MD 21286
PHONE: 443-43-809-4271